

Detach this panel and send a donation!

MAKE A DIFFERENCE IN TEENAGE GIRLS' LIVES!

Join our HonorAIRy Leadership Circle
Donate 1,000 or more

Become a sponsor for:

- 1 teen in a workshop.....\$50
- 2 teens in a workshop.....\$100
- 1 field trip for 10 teens.....\$250
- 1 teen in a program.....\$500
- 2 teens in a program.....\$1,000
- 5 teens in a program.....\$2,500
- 10 teens in a program.....\$5,000
- An entire AIR program.....\$10,000

I would like to include a gift in the amount of \$ _____

Name: _____

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Arts In Reach

P.O. Box 236, Portsmouth, NH 03802

Donate Online: artsinreach.org/donate

AIR is a registered 501(c)(3) nonprofit organization (EIN: 02-0507428) and all donations are tax-deductible as permissible by law.

"Through AIR I found something that motivated me, inspired me, and helped shape me."

Ways To Support AIR

- Donate by check, credit card, stock, or online
- Provide gift cards
- Become a Marianne Pernold Legacy Society Member
- Volunteer at programs, events, or the office
- Attend an AIR showcase or fundraiser
- Recommend AIR to a teen

Apply For A Program

Visit our website for program information and application.



P.O. Box 236, Portsmouth, NH 03802
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ARTSINREACH.ORG



Empowering teenage girls through inclusive creative community

VISUAL PERFORMING & LITERARY ARTS



ARTSINREACH.ORG

"AIR has made me more confident in myself and in my art."

Our Story

- Since 1997, Arts In Reach (AIR) has empowered teenage girls from the Greater Seacoast of NH through innovative mentoring and arts programs.

Program Information



- Girls ages 13-22*
- After school and during vacations
- Free of charge with transportation
- Professional artists as mentors
- Artistic field trips and community service
- Public presentations of teens' original art

*AIR is a safe space with an expansive definition of "girls."



What Makes AIR Different?

- Inclusivity and kindness over competition and status
- Personal development balanced with high-quality arts instruction through teen-led projects
- A community where teens feel safe to express their authentic selves and take on challenges through the arts.



"AIR is like a second family where everyone is supportive of one another."

Strong Girls, Strong Communities

Adolescence is a critical time for young women to develop confidence and skills to transform their lives and communities.

"I am who I am today because of the impact that AIR had on me."



Alumnae Survey Results

AIR helps teens build resilience to cope with:

Bullying	Self-harm
Anxiety	Eating Disorders
Depression	Suicidal Thoughts

During AIR

- 91% gained self-confidence
- 82% formed strong friendships
- 60% avoided substance use
- 90% graduated from high school

After AIR

- 90% remain involved in the arts
- 74% vote on a regular basis
- 63% continue with community service
- 75% pursue post-secondary education